

FRIEND A PARK OR NATURAL AREA

All area parks programs either partner with, or establish friends and volunteer groups, or adopt-a-park-groups. They generally post information about current opportunities and work parties on their websites; go to their “Volunteer” or “Get Involved” pages.



Larger, one-time volunteer projects are offered through SOLVE.COM website. SOLVE is a Portland non-profit that cleans, restores, educates and involves community through volunteerism. SOLVE Projects include clean-up, removal of invasive species, and planting, in various communities around Oregon.

Volunteer at your favorite area park or natural area to help keep it beautiful, safe and healthy.

Following are links to websites of parks and natural areas with Friends and volunteer groups in your county, and links to their Volunteer pages:

Clackamas County

- [Columbia River Gorge, Friends](#). Works to protect the scenic, natural, cultural, and recreational resources of the Columbia River Gorge. Work parties, lead hikes, outings.
- [Lake Oswego Parks & Recreation Friends Groups](#). 10 Friends and neighborhood groups doing stewardship activities in parks and natural areas. Groups and individuals plant native species, clear invasive species, and other projects.
- [North Clackamas Parks & Recreation](#). Work parties plant, clean trails, pull ivy.
- [Oregon City Parks & Recreation](#). Seasonal volunteer activities. [Volunteer](#): Park Hosts.

Clark County

- Clark County [Parks Volunteer Program](#). Outdoor volunteers and work parties tackle clean-up, invasive plant removal, garden maintenance, trail maintenance. Green visitors.
- Clark County [Adopt-A-Park Program](#). Ongoing opportunity to help beautify a park, enhance safety, and build community.
- [Friends of the Ridgefield National Wildlife Refuge](#). Cultural education, hiking, tour guiding, conservation, visitor services, habitat restoration.
- [Vancouver Parks Volunteer Programs](#). Adopt-a-park, work parties, ivy pull, park maintenance, cleanup.

Multnomah County, Gresham

- City of Gresham, [Adopt-A-Park Volunteer Program](#). Restoration volunteers remove invasive plants, plant native species, clean up, build and restore trails. Groups and individuals.

Multnomah County, Portland Parks & Recreation

- PP&R and volunteer partners and friends groups, help steward, advise and support parks, natural areas, and other programs. See list of [PPR partners and contacts](#).

- [Community Gardens Volunteers](#). PP&R work parties in Portland to spruce up community gardens – weeding, mulching, pruning, building beds, laying paths.
- [Friends of Natural Areas](#). Lists and contacts of volunteers, neighbors, co-workers, and park lovers who do hands-on restoration with support of PP&R staff. Natural areas included in this program are:
 - Arbor Lodge Park
 - Friends of Tideman Johnson
 - Forest Park-No Ivy League. Weekday and Saturday events.
 - Friends of Errol Heights Friends of Hoyt Arboretum Friends of Marquam Nature Park
 - Friends of Mt. Tabor Park Weed Warriors
 - Friends of Powell Butte
 - Friends of Ross Island Natural Area
 - Friends of Terwilliger & West Willamette Restoration Partnership
 - Friends of Woods Park
 - Laurelhurst Park
 - Lents Springwater Habitat Restoration South Portland Riverbank Partners

Multnomah County, Portland, N, NE

- [Friends of Peninsula Park Rose Garden](#)

Multnomah County, Portland NW

- [Forest Park Conservatory](#). Fosters ecological health of the urban wilderness park, maintains extensive trails network. Work parties to remove invasive plants, fix trails, plant and prune.

Multnomah County, Portland SE

- [Friends of Laurelhurst](#): Helps keep Laurelhurst Park functioning well and looking vibrant.
- [Friends of Mt. Tabor Park](#). Stewards of the 197-acre unique volcanic park space.
- [Friends of Powell Butte](#). Park neighbors and friends work with PP&R in planning and implementing park improvements.

Multnomah County, Portland SW

- [Friends of Marquam Nature Park](#). Works with PP&R on preservation and education activities.
- [Friends of Terwilliger](#): Community work parties to remove invasive plants in this unique linear park.
- [Friends of Tryon Creek State Park](#): Stewardship and restoration, environmental education.
- [Hoyt Arboretum Friends](#). A membership-based, nonprofit partnering with Portland Parks and Recreation to support Hoyt Arboretum. Maintains plant and tree collections, hiking trails.
- [World Forestry Center](#). Informs, educates, and informs people about the world's forests and trees, and environmental sustainability. Organizations and business groups volunteers.

Washington County

- City of Tualatin. [Environmental group projects](#); plant and mulch trees. Browns Ferry Park.
- Forest Grove Parks & Recreation. [Volunteer at Parks](#). Volunteer through Adopt-a-Park program. Weeding, planting flowers, spreading bark dust, clean up, invasive plants.
- [Friends of Tualatin River National Wildlife Refuge](#). Environmental education, greet guests on trails, interpretative programs, helping at annual Bird Festival, nature camps.

- [Friends of Wapato Lake National Wildlife Refuge](#). Habitat improvement work parties, volunteer naturalist. US Fish and Wildlife. Sherwood.
- [Hillsboro Park Projects](#). Clean up flower beds, plants trees, plants, shrubs, built fences, remove invasive species. Trail grooming, removing invasive species. Habitat enhancement.
- [Hillsboro Parks & Recreation Adopt a Park](#). Adopt-a-Park: Outdoor volunteer work in park beautification and habitat enhancement, park stewardship. Park patrols, work parties, events.
- [Jackson Bottoms Wetlands Preserve](#). Guides, hike leaders, assist at camps, conduct bird surveys.
- [The Wetlands Conservancy](#). Sponsors [volunteer wetlands restoration events](#) in area wetlands. Hedges Creek, Tualatin wetlands.
- Tualatin Hills Park & Recreation District. [Nature volunteers](#). Adopt-a-Park, friends groups, nature education, park improvement, environmental education and wildlife habitat enhancement.
- [Tualatin Hills Friends Groups](#). Work with department staff to help restore nature area parks and provide educational opportunities for the public; provide watershed stewardship.
 - Friends of [Tualatin Hills Nature Park](#)
 - Friends of Fanno Creek
 - Friends of Beaverton Creek
 - Tualatin River Watershed Council

Help Us Stay Current

Please contact BOTLPORTLAND@gmail.com whenever you spot something we need to change, add or delete.