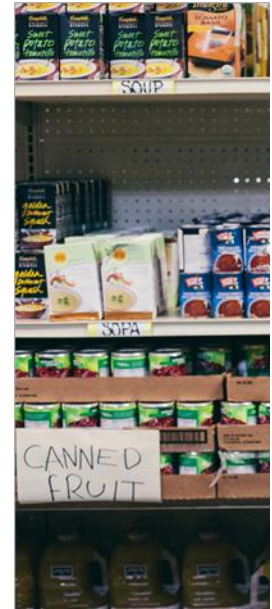


## EMERGENCY PROGRAMS

The following list includes links to organizations that provide emergency food, shelter and other services to individuals, and links to the organizations' volunteer pages, where available. The list includes non-profits and government agencies and a description summarized from information publicly available on organization websites at the time of posting or publishing. Programs may require background checks.

- [Andre Bessette Catholic Church](#). Downtown Portland community programs for homeless including morning and evening meals, foot care, art program and food pantry. [Volunteers](#) provide food, clothing, hospitality, sort donations and include teams, families, groups and members of community.
- [American Red Cross Cascades Region](#). Provides emergency relief for victims of disaster and in major disasters and offers assistance to restore normal living. Conducts courses in basic aid, babysitting, disaster preparedness for the community and in schools. Conducts water safety, first aid, CPR training; School programs promote good citizenship. [Volunteer](#) information.
- [Mainspring](#). Operates a food pantry and clothing pantry for qualifying children, families and seniors, transit assistance and bus passes. [Volunteers](#) drive and work in food pantry, clothing room and check-in desk.
- [Mother and Child Education Center](#). Providing Services & Emergency Supplies to parents in need. [Volunteers](#) work on auction committee, as board members, help with client care tasks, maternity clothes boutique.
- [Northeast Emergency Food Program](#). Meets urgent food needs of north and northeast Portland neighbors; works to develop community access to adequate, affordable and healthy food. [Volunteer](#) information.
- [Oregon Food Bank](#). OFB works with a cooperative, statewide network of partner agencies to distribute emergency food to hungry families. Also involved in public policy advocacy, nutrition, and garden education and improving community food systems. [Volunteers](#) repackage food, lead nutrition education classes, maintain learning gardens, help out in offices, work at events.
- [Portland Animal Welfare Team \(PAW Team\)](#). Helps keep people and pets together during difficult times of their lives. Provides vet care to the pets of the homeless and low-income in times of crisis. [Volunteers](#) set up clinics, help with data entry, events, communication, outreach and fundraising.
- [Portland Police Bureau Sunshine Division](#). Provides food and clothing relief to Portland families and individuals in need. [Volunteer](#) information.
- [Salvation Army Cascade Division](#). Provides a variety of community programs and services such as food and nutrition, disaster services, community education, family services, youth programs, senior citizen clubs, emergency assistance, and shelters depending on location. [Volunteer](#) information.



- [The Father's Heart Street Ministry](#). Faith-based organization that helps anyone in need including homeless population of families living in vehicles, seniors, veterans, single mothers, single fathers and single individuals. [Volunteers](#) pick up donations, organize clothing, make sack lunches, serve lunch and meals for emergency (weather), special holiday food. Setup/clean up, driver, teaching, fundraising, grants, special skills. Oregon City.
  - [Union Gospel Mission](#). Provides over 200,000 meals per year to the homeless and people in need. Provides food boxes, a dayroom with coffee and snacks, clothing, hygiene items, referral services and emergency cold weather shelter to the homeless. [Volunteers](#) serve meals, snacks or coffee, teach, work a thrift store, help at women's center.
  - [William Temple House](#). Provides immediate emergency social services and long-term solutions through mental health counseling and 1:1 dialogue case management services. Operates William Temple House Thrift Store. [Volunteer](#) opportunities in thrift store, social services, and counseling.
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