

FITNESS-RELATED CLUBS AND MEETUPS

Examples of clubs and Meetups that may appeal to Boomers are:

- [Beaverton Nature Walks](#)
- [Eastside Women's Fitness](#)
- [Multiple Outdoor Activities for Boomers \(MOAB\)](#)
- [Oregon City/Beavercreek Women's Hiking/Outdoors](#)
- [PNW Women's Outdoor Group, Hiking in the Pacific Northwest](#)
- [Portland Veggie Hikers](#)
- [PDX Metro Pack Walks \(w/dogs\)](#)
- [Ride Like a Girl Cycling](#)
- [River West Village Senior Walks](#)
- [Rose City Wanderers](#)
- [Trails Club of Oregon](#)
- [Walking Oregon and SW Washington](#)
- [Walk with Friends Hillsboro](#)
- [Wannabe Wanderers](#)
- [Why Not Fitness](#)
- [Yoga in the Park – East Vancouver/Camas](#)



Meetups come, go and change. Find current meetup descriptions and schedules at [Meetup.com](https://www.meetup.com). Search by city, then by interest such as fitness, exercise, walking, hiking, etc. Sign up and show up.

Help Us Stay Current

Please contact BOTLPORTLAND@gmail.com whenever you spot something we need to change, add or delete