

## COMMUNITY MENTAL HEALTH AND ADDICTIONS

Below are links to area mental health programs and links to their Volunteer pages. Many sites provide an online application form. Programs may require background checks.

- [ASHA International](#). Promotes personal, organizational, and community wellness through mental health education, training and support. [Volunteers](#) are involved in marketing and PR, development, fundraising, grant writing, photography, social media, health and wellness.
- [Baby Blues Connection](#). Supports women and families coping with pregnancy and postpartum mood disorders, and professionals who serve them. [Volunteers](#) provide mom-to-mom, dad, phone, mentor and email support, as well as office social media.
- [Circles of Support & Accountability](#). Programs to heal individuals and a community after violent crime. [Volunteer](#) information.
- [Comprehensive Options for Drug Abusers](#). Treats people with alcohol, drug and mental health challenges. [Volunteers](#) paint CODA residences, plant gardens, make afghans, host barbecues, even organize closets, hold fundraising events.
- [De Paul Treatment Centers](#). Provides chemical dependency treatment services to men, women, youth and families. [Volunteers](#) involved in peer support.
- [Good News Community Health Center](#). Faith- and community-based health center offers primary care, diabetes education, foot care and mental health counseling at Rockwood-based clinic. [Volunteers](#) perform medical care and administration. Portland, SE.
- [LifeWorks Northwest](#). Provides high quality prevention, mental health and addiction services to children, teens, families, adults and older adults. Children's Relief Nursery focuses on child abuse prevention services, mental health, addiction and prevention services. [Volunteers](#) work in childcare, nurseries, schools.
- [Lines for Life](#). Crisis lines for people with addiction, mental health and suicide intervention services, treatment referral and drug prevention education. [Volunteers](#) answer calls on Crisis Lines-Suicide Prevention and Military Helpline.
- [Luke-Dorf, Inc.](#) Serves adults with mental illness across 26 locations in greater Portland. Sponsors North Star Clubhouse mental health recovery program. [Volunteers](#) help in activities ranging from engaging individuals in healthy activities to fundraising.
- [Morrison Child and Family Services](#). Provides mental health, substance abuse and prevention services for children from birth through age 18. [Volunteer](#) information.



- [NAMI Multnomah](#). Serves people with mental illness and their families through support, education, and advocacy in Multnomah County. [Volunteers](#) teach, lead groups, and participate in events and fundraising.
- [Serendipity Center Children & Youth Education](#). Helps at-risk children and their families; certified children's mental health provider. [Volunteers](#) help in classrooms in the garden and at special events.
- [William Temple House](#). Provides immediate emergency social services and long-term solutions through mental health counseling and 1:1 dialogue case management services. [Volunteers](#) work in thrift store and food pantry, and in dialog and case management.
- [Volunteers of America Oregon](#). Finds innovative solutions to our community's most intractable social problems. Comprehensive programs focus on children and family, public safety/substance abuse treatment, and senior services.

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