

WALK AND WALKER FRIENDLY COMMUNITY EVENTS

Below are links to walk or walker friendly events in and around Portland.

For current event lists see [Portland Events Calendar](#) or [Running in the USA, Portland](#).

- [Shamrock Run](#). Includes 5K walk. Portland. March.
- [Walk MS: Portland](#). Walk for multiple sclerosis. April.
- [Camellia Run](#). Includes 10K and 5K walk/run. Newburg. April.
- Greater Portland [Heart & Stroke Walk](#). American Heart Association. May.
- Relay for Life, American Cancer Society. [Team relay walks](#) at various locations around Portland. May.
- Portland Rose Festival. [Grand Floral Walk](#). June.
- [Vancouver USA Marathon](#). Walker friendly full and half marathon. June.
- [Bridge Pedal](#). Walk, run, or bike over route crossing bridges. August.
- [Portland Brain Tumor Walk](#). August.
- [Sunday Parkways](#). Walkers, runners, and cyclists share traffic-free routes. Free. May-September.
- [Portland Marathon and Half Marathon](#). Walker friendly full or half marathon. October.



Help Us Stay Current

Please contact BOTLPORTLAND@gmail.com whenever you spot something we need to change, add or delete.