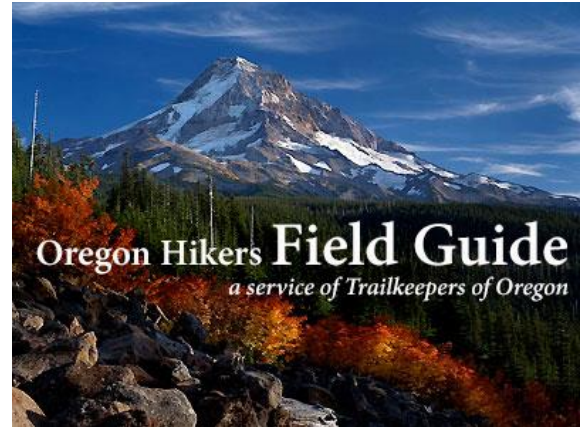


HIKES THROUGH NATURAL, WILDLIFE AND SCENIC AREAS

(Information courtesy of Oregon Hikers Field Guide.)

Below are lists of hikes by county/city in the four-county region. You can find more detail at the [Portland Hikes](#) section of [Oregon Hikers Field Guide](#), unless otherwise indicated. Boomers on the Loose™ obtained permission to use their trail lists and descriptions for reference.

This Field Guide is an amazing resource for urban and wilderness hikers in Oregon and Southern Washington. Find a hike by location, difficulty (easy, moderate, difficult), by type (family hikes, backpackable snowshoe, off the beaten path), by environment (lakes, wildflowers, waterfalls, etc.) and several other categories. Describes trailhead locations, details about the hike, terrain, wildlife and points of interest along the way. It's written and updated by real hiker people! See for yourself.



The following list summarizes hike information from the *Oregon Hikers Field Guide*. Unless otherwise indicated, go to the [Portland Hikes](#) page in the Field Guide for detail on hikes; scroll to your area of interest and select the hike.

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Clackamas County, Clackamas/Milwaukie

- Elk Rock Island Hike, 1.3 miles. Rock hop Willamette River channel to ancient volcano.
- Mount Talbert Summit Loop Hike, 1.9 miles. Loop to summit of Mt. Talbert.
- Mount Talbert West Loop Hike, 1.9 miles. Forested loop.
- Mount Talbert from Sunnyside Road Hike, 2.6 miles. Climb Mt. Talbert from backside.

Clackamas County, Lake Oswego

- George Rogers Park Hike. 3.4 miles. Hike along and above the Willamette River. Lake Oswego.
- Springbrook-Iron Mountain Loop Hike. 3.4 miles. Two woodland parks; site of Prosser Iron Mine.
- Bryant Woods-Canal Acres Loop Hike, 1.7 miles. Natural areas near historic Oswego Canal.
- Luscher Farm-Cooks Butte Loop Hike. 4.4 miles. Variety of semi-rural public spaces on trails and streets.

Clackamas County, Mount Hood

- [Mount Hood Area Hikes](#). More than 200 hikes of all lengths, difficulties, terrain, and scenery.
- [Mt Hood Recreation](#) Territory. Year-round recreation for all skill levels stretches from the mountain to rivers and lakes, our trails and other activities.

Clackamas County, Oregon City

- Clackamette Loop Hike. Loop in Oregon City and mouth of Clackamas River.
- McLoughlin Promenade Hike, 2.3 miles. Willamette Falls to McLoughlin House.
- Canemah Bluff Loop Hike, 2.4 miles. Walk to cliff-top viewpoints over Willamette and historic cemetery.

Clackamas County, West Linn

- Mary S. Young State Park Loop Hike, 3.7 miles. Native forest along Willamette River.
- Burnside Park-Maddax Woods Hike, 1.1 miles. Forest along Willamette River.
- Palomino Loop Hike, 1.9 miles. Narrow trails, down Trillium Creek, old growth trees, viewpoint.
- Wilderness Park Loop Hike, 2.2 miles. Two loop native forest connect the Camassia Natural area.
- Camassia Natural Area Loop Hike, 1.4 miles. Flower meadows.
- Fields Bridge Hike, 1.5 miles. Tualatin River walk. Glacial erratics, story of Willamette Meteorite.

Clark County

- Hikers and walkers can explore [Vancouver's 15 parks](#) and four trails many of which also are a haven for wildlife and migratory waterfowl.
- A 2.3 mile urban trail meanders through Fort Vancouver National Historic Site, Officer's Row, and Esther Short Park. Another urban trail connects downtown Vancouver to the picturesque Columbia River waterfront. A natural trail at the Whipple Creek Urban Wildlife Habitat allows hikers to view wildlife attracted by the habitat restoration.

Clark County, Battle Ground, Washougal, La Center

- Battle Ground Lake Loop Hike. 0.9 miles around Battle Ground Lake.
- Washougal River Greenway Loop Hike. 2.6 miles.
- La Center Bottoms Hike, 2.2 miles. Hike along East Fork Lewis River and extensive wetlands.
- Paradise Point Loop Hike, 1.8 miles. Swampy bottomland and forested slope hike on East Fork Lewis River.

Clark County, Camas, Washougal

- Lacamas Heritage Trail Hike, 7.0 miles. Flat hike along west shore of Lacamas Lake.
- Lacamas Creek Hike, 4.3 miles. Two waterfalls and a lake.
- Lacamas Park Lily Field Hike, 2.3 miles. Camas and fawn lilies in season.
- Round Lake Loop Hike, 1.5 miles. Walk around scenic lake.
- Washougal River Greenway Loop Hike, 2.6 miles. River using new footbridge
- Columbia River Dike Hike, 6.4 miles. Walk above the Columbia, views and wildlife.
- Steigerwald National Wildlife Refuge, 2.8 miles. Hike through 1,000-acre wetland, stand of Oregon white oaks, cottonwoods, and grassland.

Clark County, East Fork Lewis River

- East Fork Lewis River, several hikes totaling 27 miles. Battle Ground Lake, Lewisville Park Loop, Lucia Falls Loop, Moulton Falls, Yacolt Falls, Bells Mountain.

Clark County, Ridgefield

- Ridgefield National Wildlife Refuge. 5300-acre lush mixture of wetlands, grasslands, riparian corridors, and forests. Two of five habitat sections open to visitors.

Clark County, Rock Creek Area

- Three Corner Rock Hikes, several moderate to difficult hikes totaling 57 miles.

Clark County, Yacolt Burn

- Silver Star Mountain Hikes, several hikes totaling 40 miles.

Clark County, Vancouver

- Vancouver Discovery Loop Hike, 4.4 miles. Traces history of Anglo-American discovery and settlement.
- Waterfront Renaissance Trail, 5 miles. Views of I-5 and I-205 bridges and Mount Hood.
- Burnt Bridge Creek Hike, 8.1 miles. Paved greenway in pretty valley.
- Ellen Davis Trail Hike, 5.2 miles. Up and around low hills in central Vancouver.
- Columbia Springs Hike, 3.1 miles. Network of trails east and west of Vancouver Fish Hatchery.
- Whipple Creek Loop Hike, 3.1 miles. Wind in and out of gullies in 300-acre forest.
- Kiwa Trail, 1.5 miles. Oaks to Wetlands Trail, 2 miles. [Ridgefield National Wildlife Refuge](#).

Multnomah County, Gresham

- Gresham-Fairview Trail Hike, 6.7 miles. Paved trail passes backyards, industrial lots, creek, wetlands.
- Jenne Butte Hike, 3.3 miles. Forested cinder cone with two summits.
- Gresham Butte-Butler Creek Hike, 7.0 miles. Two Boring (city name) volcanoes, suburban greenway.
- Kelly Creek Loop Hike, 1.2 miles. Wetland and forest habitat near restored suburban stream.
- Nakaka Loop Trail, 0.46 mile. Douglas Fir forest within Nakaka Natural area.
- [Springwater Trail](#), 4.8 miles of asphalt multi-use path.

Multnomah County, Portland NE

- Kelley Point Loop Hike, 1.7 miles. Deciduous woodland and beaches, confluence of Willamette and Columbia Rivers.
- Smith and Bybee Lakes Hike, 2.1 miles. Urban wetland with large numbers of waterbirds.
- Hayden Bay Loop Hike, 2.5 miles. Paved path on Columbia River historic Lotus Isle Park.
- Whitaker Ponds Loop Hike, 0.5 miles. Quiet nature park on slough in industrial area.
- Rocky Butte Hike, 3.2 miles. Hike below cliff faces to park with expansive views.

Multnomah County, Portland, NW

- Audubon Sanctuaries Loop Hike, 3.0 miles. Two short loops, optional diversion to Willamette Stone.
- Pittock Mansion Hike, 5.0 miles. Hike up to mansion expansive views of Portland and Mt. Hood.
- Hoyt Arboretum Loop Hike, 4.7 miles. Network of trails, view 1,100 species of trees.
- Washington Park Loop Hike, 3.9 miles. Hike to Arboretum, Portland Japanese Garden, Rose Garden.
- Council Crest Hike, 3.3 miles. Climb to summit with great views, minutes from downtown.
- Marquam Trail to Council Crest, 6.4 miles. Hike on section of 40 mile loop.
- Marquam Nature Park Loop Hike, 4.1 miles. Loop through Marquam Gulch, native forest.
- Forest Park, various trails. Dogwood-Wild Cherry, Maple-Wildwood, Firelane 7-Springville Road Loop, Tolinda-Ridge Trail Linnton Loop, BPA Road-Newton Road, Firelane 15.

Multnomah County, Portland SE

- Oaks Bottom Loop Hike, 2.3 miles. Hike part of Springwater Corridor. Water birds.
- Crystal Springs-Reed Canyon Hike, 2.4 miles. Botanical garden and small lake below gushing springs.
- Mt. Tabor Hike, 2.0 miles. Explore a volcano in town.
- Powell Butte, several trails totaling 11 miles. Mount Hood Trail Loop, Old Holgate, perimeter and summit hikes. Timber, meadows, dirt trails, paved path.

Multnomah County, Portland, SW

- Woods Park Loop Hike, 2.1 miles. Native forest.
- Marshall Park Hike, 1.4 miles. Along Tryon Creek.
- Tryon Creek Loops, 7.6 miles. State park natural areas.

Multnomah County, Fairview/Troutdale

- Salish Ponds Hike, 2.8 miles. Restored ponds, forested Fairview Creek.
- Blue Lake Park Loop Hike, 2.0 miles. Park with natural area.
- Sundial Beach Loop Hike, 3.6 miles. Levee trail to beach at Sandy River.
- Oxbow Regional Park, three trails totaling 16 miles. Oxbow Loop, Alder Ridge Loop, North Oxbow Hike. Banks of Sandy River, buried forest, old growth woodland, ridge top, high bluff.
- Springwater Trail. Multi-use paved trail from Portland to Gresham. Connects several parks, wildlife, nature habitats.

Multnomah County, Sauvie Island.

- Trails totaling 17 miles. Wapato Greenway Loop, Oak Island Loop, Warrior Point Hike.

Washington County, Beaverton

- Fanno Creek Beaverton, 8.5 miles. Suburban greenway with many trailheads.
- Commonwealth Lake Loop Hike, 1.7 miles. Walk around suburban lake with winter waterfowl.
- Tualatin Hills Nature Park Loop, 4.3 miles. Many trails in mixed woodland.

Washington County, Forest Grove

- Hagg Lake Loop Hike, 13.5 miles. Forest, creek valleys and foothills reservoir.

Washington County, Hillsboro

- Rock Creek Greenway Hike, 8.1 miles. Paved trail, hilly terrain along powerlines, past wetlands.
- Rock Creek-Orchard Park Hike, 5.0 miles. Paved trail along Rock Creek, wetlands and riparian vegetation.
- Noble Woods Loop Hike, 1.2 miles. Hike through lush woodland on Rock Creek.
- Rood Bridge Loop Hike, 2.6 miles. Short loops, confluence of Rock Creek and Tualatin River
- Jackson Bottom Loop Hike, 2.9 miles. Borders Tualatin River. Education Center. Hillsboro.

Washington County, Tigard

- Fanno Creek Tigard Hike, 8.0 miles. Southern half of Fanno Creek greenway.
- Cook and Durham City Parks Hike, 5.7 miles. Natural areas along Tualatin River and Fanno Creek.
- Summerlake Park Loop Hike, 10 miles. Loop around suburban wetland.
- Cooper Mountain Loop Hike, 2.9 miles. Protects vanishing oak savannah in developing area.

Washington County, Tualatin/Sherwood

- Tualatin Refuge Nature Trail Hike, 2 miles. Along Tualatin River floodplain between Tigard and Sherwood. Birdwatching. Interpretative nature trail. Waterfowl.
- Chicken Creek Loop Hike, 2.8 miles. Late spring/summer access to riparian habitat in the Tualatin River Refuge.
- Browns Ferry Hike, 2.1 miles. Birdwatching walk on Tualatin River.

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